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### Ship Owner Of The Year 2021

We are pleased and honoured to have received the prestigious “Ship Owner of the Year 2021” award at the The Sailors Home and Mission to Seafarers Annual Maritime Charity Dinner on 20th October 2022.

This prestigious maritime award, now in its 8th year, is based on an anonymous survey conducted by The Sailors Home and Mission to Seafarers on Hong Kong Owned/Managed/Flagged ships in order to see what the seafarers themselves thought about those who employed them and how they were treated? There are many awards that the Shipping Industry delivers each year; however, this is the only award by the seafarers to their employers.

The Survey was in the form of an online survey and more than 11,000



responses were received, including from the Chellship Fleet, making this the largest seafarers survey in the world. The objective of the survey was to see “human responses to human reality”.

It is very heartening that our ship-staff feel well-valued serving in Chellship and have appreciated the efforts put in by the Company towards their welfare, particularly during the COVID times. The Company has taken a number of measures to alleviate the hardships faced due to travel and quarantine restrictions, where the Company placed the repatriation

of our staff over and above Commercial considerations.

The award was received on behalf of the Company by Capt Rajiv Tetarbe. We are humbled that this prestigious award was in effect given to the Company by its Seafaring staff. It is indeed a testimony to the untiring efforts of all the personnel at Chellship, Mumbai, Hong Kong and on board!

Heartiest Congratulations and a BIG THANK YOU to our valued ship staff for voting Chellship as the “Best Ship Owner of the Year 2021”!!



## ***Darya Rapti* – Naming & Delivery Ceremony**



**Mr. Aluri Ramakrishna**  
General Manager -Technical

The naming and delivery Ceremony of *Darya Rapti* was planned on 27<sup>th</sup> May 2022. My wife Mallika and I reached Hakodate on 25<sup>th</sup> May.

On 26<sup>th</sup> May at 1600hr various delivery documents were verified in preparation for delivery on 27<sup>th</sup> May 22.

An Eve party was organized on 26<sup>th</sup> May 22 which was attended by Hakodate Dock personnel, Namura Shipbuilding representatives, Itochu and owner guests. Our new building supervisor, K. C Japan Director Mr. Rajesh Lila, my wife & I also joined the Eve party.

After the dinner we were driven up Mt. Hakodate for a night view of the city.

On 27<sup>th</sup> May the delivery documents were signed at 0900hr in the Shipyard and thereafter we proceeded to the ship.

The crew made beautiful mini flower bouquets and welcomed everyone onboard. Body temperature was checked for all guests as part of Covid protocol. Masks and sanitizer were kept handy for use by guests

Bosun and one of the AB made



a beautiful wooden altar and painted it. 3<sup>rd</sup> Officer assisted in setting up the altar. Master and Chief Engineer coordinated the puja preparations.

Puja was performed by my wife & me on the wheelhouse. Coconut breaking was done by Rajesh Lila on the Bridge wing and Bosun on the forecastle.

Snacks and sweets were prepared on board and served to the guests.

All crew were given company token and presents in the Master's Cabin

Later all of us moved to stage erected for the naming ceremony. Capt. Anil Lacerda and Chief Engineer Ritesh Tandon too joined us for the naming ceremony dressed in their blues. There was slight drizzle all through the morning.

Flag hoisting and playing of national anthems of India, China & Japan was



well done.

Mallika then readout the Encomium & named the ship "*Darya Rapti*" and later cut the cord for the champagne bottle to break against the shipside. Thereafter, we all moved to a historic restaurant where Celebration Party was organized.

We express our sincere gratitude to our Chairman Mr. Lal Chellaram for giving us this rare opportunity, when my wife was chosen to be God Mother for this beautiful ship "*Darya Rapti*".



## Sparkling Diwali Onboard



**Krishna Kumar Singh**  
Deck Cadet  
*Darya Gomti*

Without any doubt, it has been a great start with wings given to my career by Chellaram Shipping. Before I stood at the pier in Kakinada, gazing at the *Darya Gomti* on 17th May 2022, I had not the slightest idea what a log carrier looked like. There in front of my eyes, she was afloat - gleamy and shiny just like a new born baby. While climbing up the gangway, I had flashes of how life would be on board for the coming nine months. The Master & crew welcomed me warmly and some of the butterflies in my stomach subdued. During the initial days although I was home sick, the professionalism of sea life entered deep down in my skin and I got accustomed to a normal sea life.

I had now become a seafarer - far from a thorough-bred but a young one who had felt and tasted the salty sea sweat and the sweep of the ocean breeze. Under the strict observation of my seniors, I knew I was in safe hands.

Time moved on and it was the coming of my first Diwali onboard - a festival during when I always craved for the sweets, the lights & the family get together. I wished if it would have been possible onboard.

When Diwali finally arrived, a get together was planned and the alleyways and the Bridge was adorned with hangings and decorations. A costume party was organised by the Master. All the crew had to don self-designed

costume and walk down a makeshift ramp and were awarded points for the character and outfit. I was astonished by the effort all crew put into depicting their chosen characters – paying attention to every minute detailing of the character they were to portray. I was worried about a growing stage fright inside me but when my turn came, I webbed everyone in my net as I had designed and donned a spiderman outfit. I entertained and was equally entertained by all my teammates. The fun, the laughter, the food, the lights & the beautiful sun kissed evening got merrier as it progressed. This experience, this happiness was unique and new to me.

Following day, all staff got together to offer prayers and *pooja* to *Lord Ganesh & Goddess Lakshmi* and distributed '*prasad*' among all crew. It was also a cultural shock to me as everyone took equal part in this event and prayed during Diwali – irrespective of religion or nationality.

I am extremely grateful to Chellaram Shipping for giving me this wonderful opportunity and am looking forward to many more new experiences which I will cherish as a seafarer during my journey going ahead.



## Experience Visiting *Darya Gomti*

My wife, son and I have lived in London past 15+years. I am an IT consultant and have never visited a ship.

When my brother-in-law Mr Aluri casually informed me that one of the ship of Chellaram Shipping was going to harbour at Tilbury, one of the UK's ports, I thought it would be an exciting opportunity to visit the ship and know more about the Mariners & life onboard, that's when I requested him if we could get an opportunity to visit *Darya Gomti*. The Ship's Captain was so kind to invite us to visit the vessel. I was in touch with Capt. Jobin who helped me to coordinate for the ship visit.

On 8th Oct 2022, we were so excited to visit the ship. We took COVID test, which I understand is as per the requirement of Company's Covid protocol and shared the negative result with ship's Captain before we drove to Tilbury port which is 78 miles away from our home. After reaching the port, we were issued with security pass to visit the vessel. The Captain was kind enough to arrange necessary PPE for us at the gate through a crew member, who later escorted us to the ship.

Capt. Jobin Wilfred warmly welcomed us on board, as we went up the ship's gangway. We had a brief chat and cup of tea in his office after which he took us to the Navigation Bridge where he



explained to us the operating of this ship. It was quite interesting and we were quite amazed by the equipment fitted for helping the officer to navigate the ship across oceans. We took some pictures in wheelhouse. Capt. Jobin later introduced us to Chief Officer Mr Dhiraj Jeswani & Chief Engineer Mr Andrii Bondar.

He later on invited us to join him for lunch and we followed him to the officers messroom to have our lunch. He explained us the hierarchy onboard ship, and also shared some of the light-hearted moments from this past experiences. The Messman D'Souza served food cooked by Chief Cook Das - the food was delicious vegetarian food! It was so tasty, we couldn't resist going for a second helping of Paneer curry!! Overall, on-board dining was a great experience.

Captain then took us on a tour around the ship portraying officers lounge, gym, living quarters, Engine Room explaining fine details about each of these areas. The Engine Room has such large Main Engine and other machinery (quite noisy) which are maintained by Engineers. I felt it is quite harsh environment for the Engine Room staff to be in, especially during sailing when the temperatures and sounds would be harsher. He also took us to the Steering gear room.

The Third Officer Mr Sunil Kumar accompanied us for our deck rounds. We went around the main deck and we were thrilled to see the ship being loading with recyclable automobile parts (Scrap). We got a bit breathless walking up and down from the Engine Room to the deck using steep stairs and understood how hard it will be for the crew to move around the ship multiple times on a day-to-day basis.

We were back to the office after finishing our deck rounds. We had a brief chat with Capt. Jobin, and then



it was time for farewell. We were accompanied by one of the crew members back to the security gate.

Whilst I was driving back home, I was pondering over the warm hospitality provided by Capt. Jobin and his crew members who made our visit unforgettable. I understand that the sailing staff stay away from their families for many months, and this might bring some amount of toll on their emotional wellbeing. Their teamwork, willpower and dedication help them go on long journeys. I was very pleased to know that Chellship provides free WiFi for all their crew to connect with their families.

I would like to thank Mr. Aluri Rama Krishna & the Chellship management who has given us an opportunity to visit *Darya Gomti*.

I would like to thank Capt. Jobin Wilfred & his crew for their hospitality during our visit to *Darya Gomti*.

My son Akshay could not join us as the port had minimum age limit of 18y to visit the vessel; hope someday he too can visit the ship.

Overall, it was an unforgettable experience!

Mr Lakshman Vellala  
Mrs Rosalin Pattnaik

## Looking After Our Mental Health

### Capt. Mrinal Singh

Darya Sindhu

COVID-19 pandemic has been challenging to all human kind and has emerged as a major issue affecting the mental health of seafarers around the world.

Main issues contributing to stress are long working hours or extended contracts, Countries posing restrictions on shore leave and crew change, difficulty in sorting medical help ashore etc.

In the challenging times of COVID however our chellship family has stood united and there was ample support provided to seafarers by onboard as well as shore staff.

While many companies still restrict shore leave, our company has taken step in ensuring right to shore leave by following proper SOP and guideline which is meant for safety and good health of seafarers.

Onboard support is in the form of organizing get togethers, tournaments and counselling sessions.

Shore support includes providing guideline on how to balance work and personal life, providing timely reliefs, ensuring COVID-19 protocol is followed at all times to ensure safety of staff.

**Below is the guideline issued by WHO on looking after our mental health which is useful in balancing work and recreation:**

As countries introduce measures to restrict movement as part of efforts to reduce the number of people infected with COVID-19, more and more of us are making huge changes to our daily routines.

The new realities of working from home, temporary unemployment, home-schooling of children, and lack of physical contact with other family members, friends and colleagues take time to get used to. Adapting to lifestyle changes such as these, and managing the fear of contracting the virus and worry about people close to us who are

particularly vulnerable, are challenging for all of us. They can be particularly difficult for people with mental health conditions.

Fortunately, there are lots of things that we can do to look after our own mental health and to help others who may need some extra support and care. Here are tips and advice that we hope you will find useful.

- **Keep informed.** Listen to advice and recommendations from your national and local authorities. Follow trusted news channels, such as local and national TV and radio, and keep up-to-date with the latest news from @WHO on social media.
- **Have a routine.** Keep up with daily routines as far as possible, or make new ones.
- Get up and go to bed at similar times every day.
- Keep up with personal hygiene.
- Eat healthy meals at regular times.
- Exercise regularly.
- Allocate time for working and time for resting.
- Make time for doing things you enjoy.
- **Minimize newsfeeds.** Try to reduce how much you watch, read or listen to news that makes you feel anxious or distressed. Seek the latest information at specific times of the day, once or twice a day if needed.
- **Social contact is important.** If your movements are restricted, keep in regular contact with people close to you by telephone and online channels.
- **Alcohol and drug use.** Limit the amount of alcohol you drink or don't drink alcohol at all. Don't start drinking alcohol if you have not drunk alcohol before. Avoid using alcohol and drugs as a way of dealing with fear, anxiety, boredom and social isolation.

There is no evidence of any protective effect of drinking alcohol for viral or other infections. In fact, the opposite is true as the harmful use of alcohol is associated with increased risk of infections and worse

treatment outcomes.

And be aware that alcohol and drug use may prevent you from taking sufficient precautions to protect yourself again infection, such as compliance with hand hygiene.

- **Screen time.** Be aware of how much time you spend in front of a screen every day. Make sure that you take regular breaks from on-screen activities.
- **Video games.** While video games can be a way to relax, it can be tempting to spend much more time on them than usual when at home for long periods. Be sure to keep the right balance with off-line activities in your daily routine.
- **Social media.** Use your social media accounts to promote positive and hopeful stories. Correct misinformation wherever you see it.
- **Help others.** If you are able to, offer support to people in your community who may need it, such as helping them with food shopping.
- **Support health workers.** Take opportunities online or through your community to thank your country's health-care workers and all those working to respond to COVID-19.

#### Don't discriminate

Fear is a normal reaction in situations of uncertainty. But sometimes fear is expressed in ways which are hurtful to other people. Remember: Be kind. Don't discriminate against people because of your fears of the spread of COVID-19.

- Don't discriminate against people who you think may have coronavirus.
- Don't discriminate against health workers. Health workers deserve our respect and gratitude.
- COVID-19 has affected people from many countries. Don't attribute it to any specific group.

## Guest in the House



ANUJ PRAKASH

TME

Darya Tapti

Every weekend when I assist my senior Engineers for Saturday's routine checks, I get awe-struck by the sheer classic beauty of our rescue boat. One day in toolbox meeting my morning enthusiasm got doubled when I heard the announcement that rescue boat will be lowered on that very day.

That day we were at anchorage near Long Beach, California and our "Orange Beauty" was shimmering as usual in that sunny September morning. 3/O, 3/E and a A/B were preparing themselves for this adventure, meanwhile C/O and 2/E

was explaining us about the safety and correct procedure of rescue operation.

The sky was crystal clear and the sea was as calm as a sheet of glass hence it was decided, the release will be in "OFF LOAD" condition. When Bosun was lowering the rescue boat, I imagined and smiled how the men on rescue boat must have felt that tickling feeling in their stomach while going down.

Finally the boat was released into the sea and engine was started, I was in deep thought how this non-living thing with propeller and high speed engine can make human's adrenaline rush in a second. "Here picnic is going on" said 3/O pointing towards the aft of the ship, while the other men were giggling



looking towards the same direction. What it could be I was curious until AB yelled in excitement "Seal.. ", but nobody on ship could have guessed that they were laying on the rudder of the ship until our team returned and 3/E showed this photograph, on which *Bada Sahab* commented "Oh! we have guests in the house".

## SUDOKU CHALLENGE

4	3	5	2	6	9		8	1
		2	5		1	4		3
		7	8	3			6	2
		6		9	5	3		7
3	7			8			1	5
9		1	7	4		6		
5	1			2	6	8		
2		8	9		7	1		
	6		4			2	5	9

Sudoku Challenge

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

## Journey Begins



**Benny Abin**  
Deck Cadet  
*Darya Mira*

As a fresher, it was my first time to be on a ship as a young deck cadet with my mind full of curiosity. The moment I reached at Gangavaram port to board our good vessel “DARYA MIRA”, I had my goosebumps. It was a pleasant sight with a soft reminder that from now on I am about to start a new chapter in my life. Honestly speaking, I was a bit nervous at the beginning, away from home in the midst of COVID. But as soon as I entered the ship, it was an entirely different atmosphere. Seeing the happy faces of the crew members

brought joy in me. Indeed, the life onboard is not easy. Staying away from home, family, friends and Covid related restrictions make it harder.

Life is usually challenging onboard and socializing with other shipmates is a great way to overcome any kind of anxiety. Be it playing cricket in the empty cargo holds, trying your cooking skills in the food festival or dancing on groovy songs in get together parties, it really takes off the mental stress. One can enjoy the best sunrise/sunsets, watch dolphins racing along the shipside, whales blowing the water in the middle of an ocean and witness many more beautiful natural phenomena which are eye opening experiences.

As a seafarer one learns a lot from first aid to firefighting, from maintenance of steel to running engines and pumps, you can really be the “jack of all trades”. Working with ship staff from different cultures made me learn

how to overcome the differences and work in harmony. I was lucky enough to go out on my first shore leave in Australia, though it was just for two hours but it will be a memory which I will never forget. At Vancouver anchorage I enjoyed watching seaplanes flying over us countless times. Life at sea gives wider perspective of the life we lead.

Sometime the sea gives us a hard time too with heavy weather and the ship rolling/pitching violently. I find it quite intriguing that some of crew member actually enjoy it. In difficult times we have the support of our shore staff who are available to us day in/out in time of need. During this tenure I came to realize that only the tough one can become a good sailor and it's not everyone's cup of tea. As they say “tough n rough”. I really want to thank Chellship family for giving me this golden opportunity to excel in my career journey.

## Weight Of The Glass



**Capt. Prikshit Khajuria**  
Master  
*Darya Padma*

Once upon a time, a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected that they would be asked the typical “glass half empty or glass half full” question. Instead, with a smile on her face, the professor

asked, “How heavy is this glass of water I'm holding?” Students shouted out answers ranging from eight ounces to a couple of pounds.

She replied, “From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me.”

As the class shook their heads in

agreement, she continued, “Your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them.”

**The Moral of the Story:** On days when you're stressed out and feeling overwhelmed, learn to embrace the inevitable and let go. Some things cannot be controlled and no amount of worrying could put all your burdens away. Instead of letting stress get to you, embrace it and conquer it. Let yesterday's worries inspire you to a productive day.

## Long-Standing Quality Partnership

The Hong Kong Marine Department organised an award ceremony to celebrate the 25th Anniversary of the setting up of the Hong Kong SAR Flag. Chellaram Shipping received an award for “Long-standing Quality Partnership” with the Hong Kong Shipping Registry. The award is in recognition of the Quality performance of the Hong Kong Flagged ships of Chellship over the last 25 years.

The award was received on behalf of the Company by Capt Amit Bhargava from the Director

Marine. Ms. Carol Yeun at a brief ceremony, held in a small gathering, due to the current pandemic situation.

Heartiest Congratulations to our valued ship staff for their unceasing efforts to maintain a quality fleet and be recognised with a prestigious award from the Hong Kong Marine Department!



## First Onboard Experience



**Madhav Jha**  
TME  
Darya Neeti

It is said that, “each and every mariner’s first onboard experience is unique and unforgettable for them”. Here I am sharing my first onboard experience. I clearly remember on the evening of 3rd August at Mumbai, we got our tickets for joining *Darya Neeti*. It was a very long and exciting journey as we had to take four continuous flights viz. Mumbai, India to Male, Maldives to Doha, Qatar to Sao Paulo, Brazil to Port Alegre, Brazil. On Aug 4th morning we departed for Mumbai International Airport, it was

drizzling outside, after all the formalities, it was the time for boarding the flight, I was excited and at the same time nervous, as it was my first international flight. From experiencing so hot at home, here the temperature was 15 deg C, (within 2 days I was from far east to far west with so much time difference) we were staying in a very fine Hotel, Atlántico. The next day we met with our Captain, who was also joining with us. On 8th August we finally arrived at the port, where our majestic 230 m long ship was moored. After reaching ship, my cabin was shown to me and was asked to take lunch. Then I was asked to change into boiler suit and come to the Engine Room. After a brief introduction with all, I was told to get familiarized with the Engine Room with strict warning of not touching any machineries. After that I was told about my duties especially log book writing. At the beginning I was feeling little uncomfortable as I was not familiar with the crew, but

slowly we opened up to each other and now I feel myself as part of our ship *Darya Neeti* family. On 15th August we all celebrated our 75th Independence Day by national flag hoisting followed by first onboard party full of delicious meal.

Seeing Main Engine of that massive size was just a dream into reality. Never imagined that it will be this giant. It was altogether an unexpected experience with all the machineries which I have seen in books now in reality.

Ship sailing through the waves of the deep blue ocean is the beauty of highly skilled human brains. At first it was a long 45 days voyage in which I have seen so vast ocean, horizon and the best feeling was the sunrise and sunset. Someone needs to see it to feel it.

I am thankful to our company for providing me an opportunity to learn and grow to become a good Chief Engineer.

## Promotions

To the rank of Master  
**Capt. R. Sinwal**  
 on board *Darya Preeti*  
**Capt. Mrinal Singh**  
 on board *Darya Sindhu*  
**Capt. Linn Moe Myint**  
 on board *Darya Krishna*  
**Capt. Atul Talwar**  
 on board *Darya Sita*

To the rank of Chief Engineer  
**Mr. Manish Kumar**  
 on board *Darya Jamuna*  
**Mr. Nilay Bipul**  
 on board *Darya Rama*

To the rank of GPD1  
**Mr. Harsh Tandel**  
 on board *Darya Sindhu*  
**Mr. Shamsher Singh**  
 on board *Darya Vidya*  
**Mr. Chirag Vadher**  
 on board *Darya Sita*  
**Mr. N. Karri**  
 on board *Darya Heera*  
**Mr. Deepak Singh**  
 on board *Darya Kavri*  
**Mr. Mohammad Ansari**  
 on board *Darya Gomti*  
**Mr. Arvind Bajwa**  
 on board *Darya Mira*  
**Mr. Arokia Amaldoss**  
 on board *Darya Neeti*  
**Mr. Suraj Poojary**  
 on board *Darya Padma*

To the rank of Chief Officer  
**Mr. Lokesh Jha**  
 on board *Darya Rapti*  
**Mr. V. Khanna**  
 on board *Darya Gomti*

To the rank of Second Engineer  
**Mr. Akshay Kalra**  
 on board *Darya Rapti*

To the rank of Third Engineer  
**Mr. Avinash Gupta**  
 on board *Darya Sindhu*

To the rank of Second Officer  
**Mr. Goutham K. Ganesh**  
 on board *Darya Neeti*  
**Mr. Suraj Madhesiya**  
 on board *Darya Rama*  
**Mr. Vikas Mukamia**  
 on board *Darya Mira*

To the rank of Bosun  
**Mr. P. Parab**  
 on board *Darya Gomti*  
**Mr. H. Vanka**  
 on board *Darya Jamuna*  
**Mr. Sumit Kumar**  
 on board *Darya Padma*  
**Mr. Vikram Singh**  
 on board *Darya Shanti*

To the rank of Third Officer  
**Mr. Prakash P.**  
 on board *Darya Sindhu*  
**Mr. Saurabh**  
 on board *Darya Heera*

To the rank of GPD1  
**Mr. G. Nanda**  
 on board *Darya Sindhu*  
**Mr. K. Eega**  
 on board *Darya Sindhu*

To the rank of GPD2  
**Mr. Abhishek Lwanl**  
 on board *Darya Padma*

To the rank of GPE1  
**Mr. Kailson Palthasar**  
 on board *Darya Lachmi*

### DON'T TAKE TENSION



**Chauhan Rammanohar RamRaj**  
**Fitter**  
*Darya Mira*

The moment you are in  
**TENSION**

You will lose your **ATTENTION**

Then you are in total  
**CONFUSION**

And you'll feel **IRRITATION**

This may spoil your personal  
**RELATION**

Ultimately you won't get  
**CO-OPERATION**

And things get into  
**COMPLICATION**

Then your BP may rise  
**CAUTION**

And you may have to take  
**MEDICATION**

Why not try understand the  
**SITUATION**

And try to think about  
**SOLUTION**

Many problems will be solved  
 by **DISCUSSION**

Which will work out better in  
 your **PROFESSION**

Don't think it's my free  
**SUGGESTION**

It is only for your  
**PREVENTION**

If you understand my  
**INTENSION**

You will never come again into  
**TENSION**

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3	7	4	6	8	2	9	1	5
9	5	1	7	4	3	6	2	8
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## Chellaram Shipping (Hong Kong) Limited

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